

List of Important Health Days

S. No.	Month	Date	Particulars
	JANUARY		
1		24th January	National Girl Child Day
2		30 Jan or Sunday closest to it.	World Leprosy Eradication Day
	FEBRUARY		
3		4-Feb	World Cancer Day
4		12-Feb	Sexual & Reproductive Health Awareness Day
	MARCH		
5		2nd Thursday in March	World Kidney Day
6		20-Mar	World Oral Health Day
7		21-Mar	World Down Syndrome Day
8		24-Mar	World TB Day
9		26-Mar	World Epilepsy Day
	APRIL		
10		2-Apr	World Autism Day
11		7-Apr	World Health Day
12		11-Apr	World Parkinson's Day
13		11-Apr	National Safe Motherhood Day
14		17-Apr	World Haemophilia Day
15		19-Apr	World Liver Day
16		25-Apr	World Malaria Day
17		Last Week of April	World Immunization Week
	MAY		
18		1st Tuesday of May	World Asthma Day
19		8-May	World Red Cross Day
20		8-May	World Thalassaemia day
21		12-May	World Chronic Fatigue Syndrome Awareness Day
22		12-May	International Nurses Day
23		15-May	International Day of Families
24		15-May	International Kangaroo Care Awareness Day
25		28-May	International Women's Health Day
26		31-May	World No Tobacco Day
	JUNE		
27		8-Jun	World Brain Tumor Day
28		14-Jun	World Blood Donation Day
29		19-Jun	World Sickle Cell Day
30		Entire June	Anti Malaria Month

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	JULY		
31		1-Jul	Doctor's Day
32		11-Jul	World Population Day
33		28-Jul	World Hepatitis Day
34		29-Jul	ORS Day
	AUGUST		
35		1 to 8 Aug	World Breast Feeding Week
36		25 Aug to 8 Sept.	Eye Donation Fortnight
	SEPTEMBER		
37		1 to 7 Sep	National Nutrition Week
38		21-Sep	World Alzheimer's Day
39		29-Sep	World Heart Day
	OCTOBER		
40		10-Oct	National Mental Health Day
41		2nd Thursday of October	World Sight Day
42		12-Oct	World Arthritis Day
43		15 to 19 Oct	World Obesity Awareness Week
44		16-Oct	World Anesthesia Day
45		17-Oct	World Trauma Day
46		20-Oct	World Osteoporosis Day
47		23-Oct	World Iodine Deficiency Disorder Day
48		24-Oct	World Polio Day
49		29-Oct	World Stroke Day
	NOVEMBER		
50		10-Nov	World Immunization Day
51		12-Nov	World Pneumonia Day
52		14-Nov	Diabetes Day
53		17-Nov	World Prematurity Day
54		19-Nov	World COPD Day
55		15 to 21 Nov	New Born Care Week
	DECEMBER		
56		1-Dec	World AIDS Day
57		3-Dec	International Day of Persons with Disabilities
58		9-Dec	World Patients Safety Day